



## MANAGEMENT REPORT

## APPENDIX III

### Summary of the annual Sports Development operations and delivery between 1 April 2018 and 31 March 2019

#### Sports Awards

Active4Today Sports Development ran the annual District Sports Awards for the 13<sup>th</sup> year during 2018 on behalf of the District Council and in partnership with Radio Newark. With over 40 nominations, the winners were selected by a panel consisting of a wide variety of councillors, teachers, coaches and journalists.

The awards were presented during the first week in December at Southwell Leisure Centre, Newark Flowserve Sports Club and Newark Rugby Club and broadcasted live on Radio Newark, with the Chairman of Newark & Sherwood District Council, Councillor Walker supported by Councillors Jackson and Mison in attendance to award the prizes and certificates.

#### Sports Forums

The Newark & Sherwood Sports Council has gained momentum throughout the year and now has almost 15 clubs represented. Equally the Southwell Sports Forum has met a number of times in the year, with guest speakers invited to talk to the groups about funding, local events and publicity and promotions.

This has been extremely well received by all the volunteer clubs and has developed a greater knowledge of understanding for attendees and improved their club profiles, in the area.

#### Sports Grant Aid Scheme

The sports development team has administered the sports grants on behalf of the District Council. There are three funds available, talented individuals, coach and official development and special events and projects.

There are four panels per year and in 2018/2019, there were 42 applications received; 31 coach education and development, 5 talented individuals and 6 special events and projects.

The value of all coach education and development awards was £2,382.50. These awards are contributions towards the cost of a qualification for a volunteer, to lead activities in community settings, enabling sport to take place on a weekly basis. This could be a qualification to become a referee, umpire or coach.

The special events and project awards totalled £5,164.99 and was awarded to Newark Town Football Club, Caythorpe Cricket Club, Newark R&M Cricket Club, Collingham Tennis Club, Clipstone & Bilsthorpe Cricket Club and Collingham Crawl and Canter.

The talented individuals that are resident in the district and were successful in receiving support, were all provided with a 12 month free pass to use the leisure centre facilities operated by A4T and SLCT. This supports their specialist sport training, with help and advice available from the fitness teams and personal trainers.

### **Inclusion**

In partnership with Nottinghamshire Football Association (NFA), April 2018 saw the delivery of Nottinghamshire's first ever Level 1 Course, designed specifically for coaches with a disability. Four of the coaches were from Newark. Since completing the course, the coaches have been supported to ensure they have an opportunity to coach in an appropriate setting. The coaches have been coaching with Newark Town and during July, had their first experience of coaching at the 'Girls Centre of Development'. The coaches have all signed up to the VISPA scheme and support has continued throughout the process. Two of the coaches who volunteer at NSFC and have already achieved the VISPA 'Silver Award'.

During October 2018, A4T took part in the launch of the CAPS project in Ollerton. This is a national initiative designed to curb underage drinking and anti-social behaviour. The initiative works with local retailers and other relevant partners, to ensure that the 'Challenge 25' is enforced; in addition the project aims to raise awareness of drink related illness and provide diversionary activities, to support those affected. A4T staff have played a key role in the schemes success and were recognized when the project won the 'Project or Innovation of the Year' award by Active Notts., during February 2019.

Support for the Dukeries Academy 'Success Centre' was given throughout the school year. In partnership with Everyone Health, sessions were delivered and focussed on physical activity and the importance of nutrition to support physical activity. On completion of the project, these 'hard to reach' students, many with behavioural issues, will be given an AQA Unit Award certificate in Sport and Physical Activity and also a certificate from Everyone Health, to recognise their successful completion of the course.

Due to changes at Newark Flowserve Football Club during autumn 2018, A4T played an active part in ensuring that the players from the Flowserve Diamonds disability team, continued to have an opportunity to play football. Working alongside Nottinghamshire FA and Newark Town, the team was transferred and the players are now playing and training regularly as part of Newark Town Football Club. Since the move the team has managed to attract two new coaches and new players and in December 2018, played in their first ever Football Festival in Nottingham.

During November 2018, the first ever 'Female Disability Football Festival' was held at NSFC. This event was aimed at girls and ladies of any age, with additional learning, physical and social needs. This was supported in its delivery, by the Nottinghamshire FA, Nottingham Forest Community Trust and Notts. County Football in the Community. The festival was a great success and was enjoyed by everyone who attended; as a result of the success of the tournament, this has now become a regular monthly session.

The 'Walking Sports' across the district has continued to grow. Alongside the more traditional Walking Football sessions; NSFC now hosts both Walking Cricket and Walking Netball, with the netball sessions soon to be extended to Dukeries Leisure Centre. Working in partnership with National Governing Bodies (NGB's), these sessions have been well attended and offer participants the chance to enjoy these popular sports and a gentler pace.

## **Falls Prevention**

Working in partnership with Everyone Health and Nottinghamshire County Council Public Health, the sports development team have developed a series of classes for older people in the leisure centres and community settings throughout the year. This has built on the existing pathway, increasing the number of opportunities for people to take part in classes led by specialist instructors. This has also embedded a referral system, operating across the county, with a single point of entry.

## **GP Referrals**

The number of GP referrals received throughout the year has been excellent and the range and number of health professionals is increasing. There were 459 referrals received across the four sites. There have subsequently been 250 people throughout the year, that have joined the subsidised membership scheme, where they have received support from the Level 3 and Level 4 specialist instructors in the centres.

## **Additional Projects with Partners**

A junior Parkrun in Newark began in May 2018, with financial and hands on support being provided by A4T's and their sports development team. This is completely free for young people to take part in and is held every Sunday morning at 09:00. It has been hugely successful for the Newark area, which is organised solely by volunteers. There are regularly 100 children aged between 4 to 14 years taking part, alongside a number of parents and carers joining in to support the event. The short 2km course at Sconce Park Newark, has also been supported by the Parks staff from NSDC.

The team have been working with a team of volunteers to develop a junior Parkrun in the Ollerton area and with local advice have identified the school field at Dukeries Academy for the weekly event. This has once again been financially supported by A4T, whose finance has been used to cover the Parkrun licence fees and ongoing support. This event will begin during the summer of 2019.