

Newark and Sherwood Health and Wellbeing Strategy 2022-2026 Year Two Out-Turn Report

1. *Purpose, values & objectives*

We developed our four-year health and wellbeing strategy in order to deliver objective 1 of our community plan 'Improve Health and Wellbeing', and to align to Nottinghamshire County's Council Joint Health and Wellbeing Strategy 2022 – 2026 that is produced every four years.

The fundamental purpose of the Newark and Sherwood Health and Wellbeing Strategy is to address health inequalities and the disparity in life expectancy throughout the district, in partnership with primary and secondary health, social care and the voluntary and community sector.

2. *Where are we? Reflections*

The Health Improvement Team sits within the Regeneration and Housing Strategy business unit working directly alongside the Community Development Team. Both teams have pooled resources together to tackle food insecurity and more recently support the challenges families face in the cost of living crisis. This has culminated in the recruitment of a two-year fixed term Food Co-ordinator to expand the work being delivered.

The Community Development Team have a place-based model with a specific officer responsible for their own locality. The CDO's are supporting the delivery of the Building Blocks for Health in two priority areas (Hawtonville and Ollerton) alongside CVS and Public Health to address health inequalities.

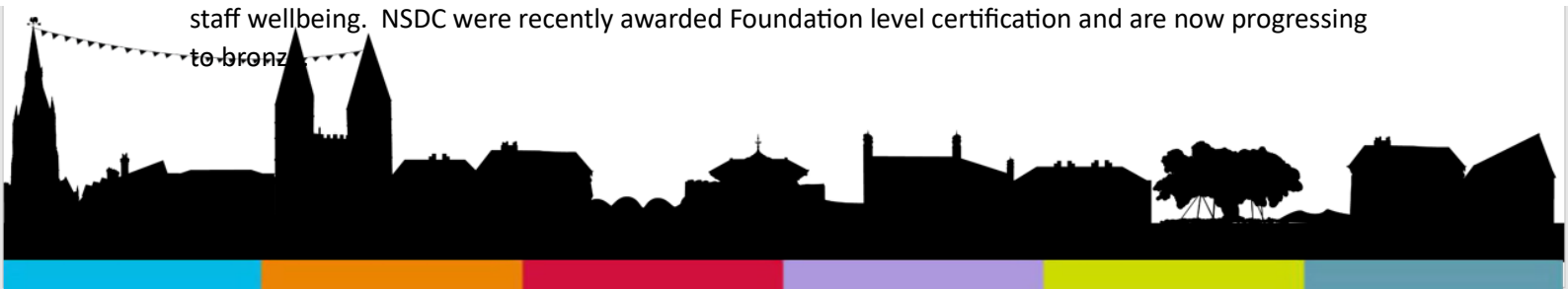
We have unfortunately seen an increase in suicides, from 10.4 per 100,000 to 11.4 per 100,000, it is important to note though that this data is a year behind so isn't a true reflection of the current situation we face in supporting people with their mental and emotional wellbeing. A real strength of the team has been to continue to build relationships, with the Senior Health Improvement Officer now included in Public Health Real Time Surveillance meetings alongside partners like the police and coroner when reviewing recent suicides. It allows us to provide hyperlocal information and insight to build a much clearer picture around individual cases in an appropriate time frame considering the lag in national data.

We have successfully expanded our Community Alcohol Partnerships (CAP) into Newark and Hawtonville, with three strong networks tackling underage drinking. Our work now includes Ollerton, Boughton and Edwinstowe (OBE), Clipstone and Forest Town and Newark including Hawtonville. Each CAP has created a partnership action plan that is driven by the district council.

Newark and Sherwood has been an active partner on NCC's Sustainable Food Network, supporting the creation of both the Food Charter and the first JSNA covering food insecurity. The team are collectively planning the county's first food summit in October and have submitted a Bronze application to be recognised as a Sustainable food places nationally with the creation of an action plan for the county.

Staff wellbeing remains a priority at Newark & Sherwood District Council. The introduction of 'Thrive at Work' assessment has provided the team with guidance on best practise within the work place on staff wellbeing. NSDC were recently awarded Foundation level certification and are now progressing

to bronze



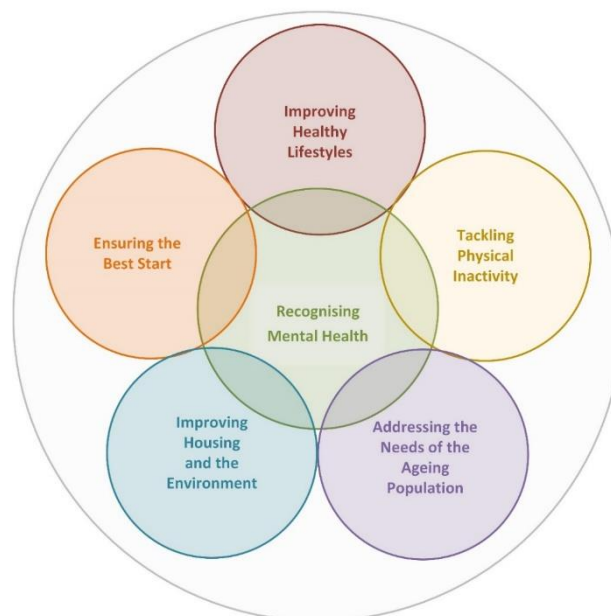
The 12-month pilot Barber's project was launched in 2023, with an initial focus on raising awareness of prostate cancer. After a successful evaluation and by the request of the barbers across Newark & Sherwood, resources and support materials were extended to include men's mental health. These resources have given local barbers the confidence and tools alongside free training to be able to support their clients.

Newark and Sherwood successfully received Carer Friendly Employer status in November 2023, we now have an active programme of support available for carers in the workplace and manager training.

3. **Health & Wellbeing Priorities**

Our six priorities (below) remain the same, with strong partnership networks created over the last two years that meet regularly.

Health and Wellbeing Priorities for Newark and Sherwood



- **Ensuring the Best Start** is chaired by The Family Hubs Manager, this group aligns directly to the Mid Notts Place Plan and Nottinghamshire's Best Start Strategy. This partnership focus on conception up to 18 years (25 with SEN)
- **Improving Healthy Lifestyles** is chaired by Active 4 Today, this group aligns to the Mid Notts Place Plan via the Living Well and Health Inequalities ambitions.
- **Addressing the needs of an Ageing Population** is co-chaired by the Frailty lead for Mid Notts Place Team and the Senior Health Improvement Officer, the group aligns not only to the Mid Notts Place Plan but also to both the Newark and Sherwood Integrated Neighborhood Team (INT) whose focus is frailty.
- **Recognising Mental Health** is chaired by NSDC and brings all system partners together in creating the Prevention Concordat for Better Mental Health.



- **Move More N&S (Tackling Physical Inactivity)** is chaired by Active Notts with a tiered approach. A strategic leaders group sets the oversight and vision with 2 newly created partnerships with a focus on place, one with a focus on Newark and aligning to the place work in Hawtonville and one with a focus on Sherwood and aligning where possible to Levelling up and regeneration work.
- **Improving Housing and the Environment** – we are proposing to rename this group to ‘Housing, Health and Homelessness’ with a focus on bringing housing providers together, a focus on delivering the Homelessness Strategy and to merge with the interagency forum, avoiding duplicate meetings for partners. This group will be chaired by the District Council’s Homelessness Strategy and Safeguarding Officer.

4. Mid Notts PBP Objectives

Since our Health and Wellbeing Strategy was agreed the Mid Notts Place Team have adopted a new place plan, replacing their previous five objectives. The Place Plan aligns with our priorities of which we report on, on a quarterly basis. Within each themed area Mid Notts partners have collectively agreed ambitions and objectives. Below is an infographic that details the 5 themes with a broad objective.

Vision

“Working together to enable everyone across Ashfield, Mansfield, Newark and Sherwood to live healthier and happier lives, to prosper in their communities and remain independent throughout life”

Ambitions

1. Give every child the best chance of maximising their potential
2. Create healthy and sustainable places
3. Everyone can access the right support to improve their health
4. Keep our communities safe and healthy

Themes and Objectives

Best Start	Living Well	Ageing Well	Health Inequalities	PBP Development
<p>Local prioritisation and co-ordination of the Nottinghamshire Best Start Strategy 2021-2025 (first 1,001 days from conception to 2 years) to ensure children have the best start in life and improve mental health support for young people (up to 19 years/ 25 years SEND) to help shape lifelong health and wellbeing outcomes.</p>	<p>Help people in our communities live healthier for longer through a focus on promoting primary prevention, responding as a partnership to the cost-of-living crisis and transforming services.</p> <p>PBP Executives Recommended Priority Theme for 2024/25</p>	<p>Support our older people with underlying conditions to maintain their independence, using risk stratification and multi-disciplinary personalised care approaches, which also aims to increase community connections, activity and relationships.</p>	<p>Address key health inequalities and equity of access through proactive population health management programmes (using the Core20Plus5 framework for children and adults) prioritising geographical areas and population groups most in need and experiencing severe multiple disadvantage.</p>	<p>Continue to enable our partnership to mature, embody our principles and values in the way we work together to deliver integrated services and achieve our vision for the population of Mid Nottinghamshire.</p>



5. Addressing our priorities

Partnership working to deliver health improvement can be complex with multiple layers of different organisations each working across different but overlapping geographies. As a delivery mechanism for the Newark and Sherwood strategy, a health improvement action plan (appendix A) was created to provide an overview of the work. For the purpose of the midterm report an additional column has been added to show progress against the variety of work the team undertakes.

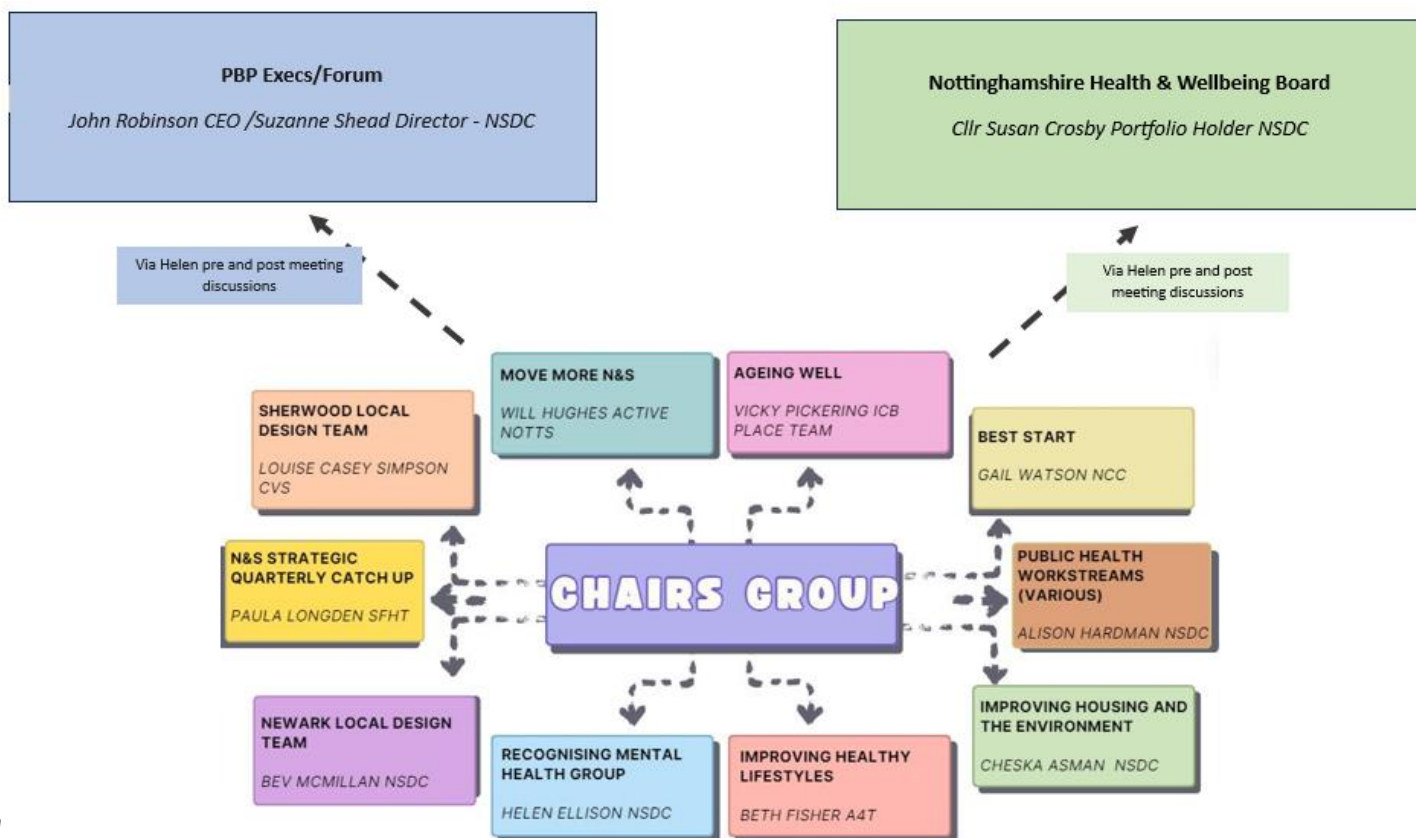
6. Measuring our success

National health data can often lag and where the team see increases in health issues or partners provide intel, the teams impact is measured through case studies, feedback and groups supported. A recent example of this is the support and funding given to local volunteers to create peer support groups specific to mental health, bereavement, and suicide.

Building on our previous successes the now over the last two years the team has increased from one full time officer to three full time officers with a broadening depth of work to address the needs of the communities we serve.

7. Governance

On reflection our Strategic Health Partnership didn't gain the support we required and have made the decision to create a district Health and Wellbeing Chairs group, this group will bring together lead officers of all local partnership/networks. This group will enable us to provide information and feedback to both the Health and Wellbeing Board and the Place Based Partnership Exec. It will strengthen our local voice, allow us to work better together and avoid duplication. The infographic below details which partners are involved.



8. *Future projects*

Sherwood Forest Hospital Trust and Macmillan are working to create a new Macmillan Information and Support Service in Newark to support cancer patients and their families. This service will be the first community based service in the country with the creation of not only information but support groups post diagnosis.

Introduction of two Integrated Neighbourhood Teams within primary care will commence summer 2024. The Sherwood Primary Care Network (PCN) will on frailty and with Newark Primary Care Network (PCN) focussing on Newark as place, with 2 smaller focus areas being frailty and smoking cessation.

Newark and Sherwood CVS will receive 2nd year Public Health funding in 2025 to expand the Investing in Communities work into Ollerton.

The Integrated Care Board will be rolling out the pilot Targeted Lung Health Checks across the Sherwood Primary Care Network area late 2024 with residents being invited to much needed Lung screening assessments. The pilot scheme will look to move into Newark from 2025.

A dedicated resource has been created within County Council's Public Health team to rollout Making Every Contact Count (MECC) to frontline officers including health and social care colleagues.

The recent Institute of Health Equity report on 'Englands widening health gap' highlighted 14 local authority areas that have seen significant increases in inequalities in female life expectancy. Newark and Sherwood were identified as one of those local authorities with the portfolio holder requesting support at the next Health and Wellbeing board in response to this.

Continue to build on the quarterly strategic joint working approach for health across both the Primary Care Networks and secondary care with Sherwood Forest Hospital Trust, with a focus on key priorities we share.

Continue to support and build on the success of the Newark and Sherwood Local Design Teams. These 100 day cycles focus on identifying gaps in local communities and create projects across the system to address health inequalities as place based approach.

