

APPENDIX C

PERFORMANCE MANAGEMENT REPORT, FROM 1ST OCTOBER TO 31ST DECEMBER 2023 SPORTS DEVELOPMENT UPDATE

Community Development

The Sports Development team continue to provide a secretariat service to Newark and Sherwood Sports Council, which met virtually on 10th October. The group discussed the different training options and courses available for coaches, committees and members. All clubs have been given information regarding Suicide Awareness, Bereavement and Self Harm Awareness training delivered by Nottinghamshire County Council/Harmless. The training is completely free and available for sharing throughout the club network to access if required.

The Sports Council AGM was held on 11th December with clubs from all corners of the district attending. All clubs were requested to send information for promotion on the Company website. The Sports Council is also creating a 'working group' made up of 3 club representatives from Southwell, Newark and Sherwood areas. The working group will proactively arrange training and events as directed by the committee and member clubs.

Southwell Sports Forum AGM was recently held, and clubs elected new officers in order to renew the interest locally, with the provision of secretariat by A4T, no longer required. Sports development staff have met with Councillor Jeremy Berridge as the new Chairperson and offered support to the group. Clubs voted to meet twice a year, with the sports development team continuing to support clubs to access funding and development support individually and will also provide information to the group through the elected officers.

The sports development team has been involved in the review and refresh of the District's Playing Pitch Strategy which is now complete. The document has identified key areas and clubs that require support from A4T to develop the community facilities. The report also highlights local sports facilities that are currently unavailable for community use. Facility owners will be targeted in a bid to ensure more sports facilities are open for community use in future.

Active4Today continues to support Edwinstowe based sports clubs to access Section 106 funding through NSDC. As part of these discussions Robin Hood Colts are looking at a programme of facility maintenance and the development of girl's football within the village. Edwinstowe Running Club has highlighted the need for footpaths which have increased lighting and this has been fed into the Active Travel study, with Thoresby Sporting Trust looking to lower utility costs by installing solar panels.

Aside from this Clipstone Bowls Club has been supported by A4T and NSDC officers to apply for Community Grant funding to facilitate indoor bowls sessions. This project will not only enable more players to feed into club sessions but will also support community groups such as The Butterfly project, Youth Club, female and older peoples groups to be more physically active together.

A range of holiday activities were available to children, young people and families during October half term as well as the recent Christmas and New Year break. With local schools adopting different holiday weeks, the sports camp sessions at Newark, Dukeries and Southwell were lower on numbers (as expected), however still attracted 57 children into sessions. The Christmas Holiday activities

programme offered a variety of Family Fun Swims at Dukeries and Newark, and Family Sports Sessions at Newark, Southwell and Dukeries sites, which were well received.

The sports development team has supported another 10 individuals to access Grant Aid funding for Coach Development qualifications. These new coaches will directly support local football and hockey clubs, to develop new sessions, expand their clubs offer and engage with more members of the community.

The panel also granted Community Engagement funds to 2 sports clubs (archery and football), to hold 'open door' events. A Club Development grant was awarded to support disability tennis at Newark Sports and Fitness Centre delivered through Collingham Tennis Club and there were 2 Talented Individuals awarded free access passes, for their ongoing success participating in Keelboat racing, and Aqua-Bike competitions.

The sports development team recently arranged for staff and students from Portland College to deliver neuro-diversity training to A4T's coaching and sports development teams. The session was held at Newark Sports and Fitness Centre and attracted 11 staff from Newark, Dukeries and Southwell. Coaching staff were able to ask questions directly to students with autism and engaged in conversations regarding best practice, overcoming barriers and effectively supporting children displaying a range of behaviours during sessions. This will positively support the delivery of swimming, gymnastics and trampoline lessons on junior memberships, and improve the quality for these young people.

Active and healthy lifestyles

Move More Newark & Sherwood continues to meet to further physical activity opportunities across the district. Most recently hosting Active Travel consultants to enable them to understand the districts communities and their barriers to being physically active.

Inclusion

The sports development team has supported Reach (Newark) disability group to access funding from the Nottinghamshire County Council's Councillor's Divisional Funds. Councillor Girling has enabled the group to continue multi sports sessions at Newark Sports and Fitness Centre until April 2024. The team are actively supporting Reach to find longer term funding to support sports groups to be held at both Newark and Southwell centres.

In early December staff attended the Community Alcohol Partnership launch event at Castle House. The aim of CAP is to tackle underage alcohol and substance misuse through partnership working. The sports development team has identified diversionary activities that could take place to support engagement with young people and partners to tackle anti-social behaviour and provide opportunities for young people to engage in sport and physical activity. These activities are planned for the New Year.

The Sports Development team recently attended an event at Hawtonville Young People's Centre lead by Nottinghamshire County Council and Newark and Sherwood District Council. The meeting discussed the ways different local services currently interact with residents and what was available in the immediate area for residents to access. A4T works closely with staff from the YPC and has supported staff to provide informal football sessions on the all-weather pitch at Magnus School, as well as offer volunteering opportunities to targeted young people in Newark and Boughton.

Students from Minster School have now successfully completed a bespoke series of sessions as a support for mental health, delivered in the fitness suite at Southwell Leisure Centre in partnership with Shaw Mind. The sessions have been a great success with students signing up for active cards to enable gym use in their own time. Minster School staff have seen the benefit of these sessions and are continuing to bring students from their SEND provision to access group gym sessions in school time and have booked until February 2024.

Active4Today were pleased to welcome staff and students from Sam's Workplace, Rainworth to experience group gym use at Blidworth Leisure Centre. The students who have a range of learning disabilities are predominantly over the age of 16 years and have been learning how an active lifestyle can benefit their health and wellbeing. The students enjoyed the sessions and have been signposted to membership options to enable them to continue their fitness journey.